



# St. George's Church Brockworth

July 2020

To journey in faith and share  
God's love.

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**NB This is a new address**

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**Facebook:** Search for "St George's Church Brockworth" and 'like' our page

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## **The article deadline for the August issue is 15/07/20**

Please email [stgeorgesbrockworthmag@gmail.com](mailto:stgeorgesbrockworthmag@gmail.com)  
If unable to email, please deliver hard copy to the Church Office.

## **Editorial Disclaimer & church policies :**

Any ecclesiastical or political views contained in this magazine are not necessarily those of the PCC or the Editor. This church promotes good practice in work with children and young people. It has a current and active Child Protection Policy that's available to view at St George's Church & St George's Church Centre. St. George's, Brockworth is a Fair Trade Parish and supports the Parish Giving Scheme.

## **THIS MONTH'S COVER: Wild flowers at Plock Court**





## Unlocking from COVID-19: Stop the Fear!!

'God gave us a spirit not of fear but of power and love and self-control'

Fear is a **powerful emotion** that can drive us to do seemingly irrational things. A few months ago, people were stock-piling toilet paper!! When we are fearful, we lose our self-control, and our love and patience for one another significantly reduces. Fear is a very real and very powerful emotion, ask anyone with a fear of heights, water, dentists, going outside, catching COVID-19. There will always be things to fear, but we are told that we have something to **overcome fear**: power, love and self-control. Have you ever been in a situation when you have been completely gripped by fear? In that moment we can feel

powerless, completely helpless to physically move or think rationally, and in that moment, self-preservation takes over, and our ability to think of and love others reduces. Self-control turns into out-of-control.

Fear can manifest itself physically in us in different ways: spontaneous feelings of anxiety, panic attacks, lack of clarity in thinking, trouble sleeping, and stomach problems are a just a few examples. We can't control what will happen, but we can control how we respond and therefore who we are. When we feel fear, we reach out for things that give us comfort and

security: alcohol, shopping, toilet paper!! If you follow the teachings in the bible, we are told that, 'there is no fear in love, but perfect love cast out fear', if **fear is the problem**, then **love is the solution**.

There will always be things to fear but being fearful won't help us. We can't control what's going on in the world: the spread of COVID-19, terrorist attacks. However, we can control the things that our going on in our hearts and minds. Mindfulness meditation is one way we can bring peace to our minds and bodies, but also **meditating** on the words and actions of Jesus, the inspiration of our opening quote.

The foundation that **love is built on is hope**. Hope that one day things will be better: hope that the fear of loneliness will go, the cloud of depression will disappear, or that COVID-19 will be gone and life will return to "normal".

We talked in the last monthly magazine about **faith**, and the importance of faith to give us hope. In place of fear have faith, faith in God who tells us that, 'there is no fear in love, but perfect love casts out fear'.

As you start to emerge from lockdown, our hope and prayer is that you will know the perfect love of Jesus to remove any fear from you, to make clear and rationale decisions. If you would like to chat to us about fear, faith, or Jesus please get in contact with us.

Mike Smith  
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orth.uk



PERFECT LOVE  
CASTS OUT FEAR

# CAN YOU HELP US FEED PEOPLE IN NEED?

The Feeding the 5,000 project is providing vulnerable and isolated people across Gloucestershire with delicious, nutritious food over the duration of the Covid-19 crisis.

Led by The Long Table and supported by the Diocese of Gloucester, we are delivering home cooked food to people's doorsteps. We are collaborating with organisations across the county to ensure that every person needing food, gets it.



## THIS SERVICE IS AVAILABLE FOR:

- Vulnerable at risk people who are **unable to leave their homes**
- Vulnerable people who are **unable to afford food**
- **Foodbanks** - to reduce the strain on the system by supplying foodbank customers with regular deliveries of pre-cooked food.

**£25 WILL PROVIDE SEVEN MEALS FOR SOMEONE  
DELIVERED TO THEIR DOOR**

This service is open to everyone. For people who can afford to buy their meals their money will help fund free meals to others, such as the vulnerable, homeless and key NHS staff in our hospitals.

## PLEASE HELP SUPPORT THIS VITAL SERVICE

If you are able to donate money to help us to provide food for every person who needs it, please

- » visit our **online donation form** - <https://cafdonate.cafonline.org/12553#!/DonationDetails>
- » or send a **BACS payment**, with the reference C-19 - Long Table Feed 5000:-  
Gloucester Diocesan Board of Finance  
Barclays Bank  
Sort code 20-33-91  
Account number 90289957
- » or **send a cheque** made payable to *Gloucester DBF* to the Finance Team, Church House, College Green, Gloucester GL1 2LY.



**WWW.GLOUCESTER.ANGLICAN.ORG/FEEDING-THE-5000**

## **A message from Bishop Rachel**

Disturbance turns things over, cracks things open, changes the landscape and makes new things visible. Yet amid all that is frightening there is new possibility. Covid-19 has been such a disturbance and it is not surprising that as we have viewed change beyond our control, there has been a clarity of vision about things which should disturb us more deeply and a recognition of change within our control.

The horrific murder of George Floyd provoked disturbance and a renewed commitment to make visible the ugliness of racism and our failure to see and to act. There was thus an added poignancy to yesterday's Windrush Day as many of us paused in silence for two minutes at 11am. I was glad to do this outside the cathedral alongside Bishop Robert, the Revd (Suki) Osunsanmi and cathedral canons Celia and Richard.

One of the things that has been cracked open by the rightful assertion that Black Lives Matter, is the controversy over visible statues and monuments associated with ugliness and injustice in our history. I hope that in our noticing what is there, we will pay attention to what is not there. What is missing from the way stories are told of the past

and the present? I also pray that our focus on visible statues does not detract from the invisible idols we have erected within us and around us and which have too easily become part of our story.

Last Friday, Joshua chapter 24 formed part of the Lectionary readings for Morning Prayer. I was reminded yet again of the monument of stones erected by Joshua as a visible witness to the journey of God's people and their commitment to serve God and renounce their idols. I have made reference to this more than once over the past few months:

'Then Joshua said to the people, "You are witnesses against yourselves that you have chosen the Lord, to serve him." And they said, "We are witnesses." He said, "Then put away the foreign gods that are among you, and incline your hearts to the Lord, the God of Israel" (Joshua 24: 21-24).

This is a good starting point as we journey from the present into the next emerging chapter. What have been our idols not only as individuals but as worshipping communities? What are the idols which need to be made visible and torn down? And what needs to be made visible as we declare our commitment to serving God and a vision of God's kingdom

which is about justice, mercy, peace, hope and love, rooted in Jesus Christ?

When I arrived here five years ago I came with a passion to make diversity a visible and lived reality. In relation to racism and inequality I came with a number of personal commitments, some of which I have lived and others where I recognise my failure. The Senior Staff Team are committed to taking a fresh look at what we need to make visible within ourselves, our worshipping communities and our diocese.

As we continue to reflect and learn from the present and prepare for the next season, I hope that there will be aspects of our lives as worshipping communities which are unsettled and disturbed so that there might be further change and transformation made visible to the world.

*Almighty God,  
in Christ you make all things new:  
transform the poverty of our  
nature by the riches of your grace,  
and in the renewal of our lives  
make known your heavenly glory;  
through Jesus Christ your Son our  
Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen*

Bishop Rachel



A view towards Cooper's Hill from the top of St. George's Church tower, taken by Ann and Ian's daughter Katie last year. Won't it be wonderful when we hear the bells ring again?



Mothers' Union is a Christian organisation that has been supporting families worldwide for over 140 years. Started by our founder Mary Sumner in 1876 in her local parish in Winchester, we have flourished into an international charity with over 4 million members in 84 countries. As a Christian membership charity, we aim to demonstrate our faith in action through the transformation of communities worldwide. Our members work at grassroots level around the world bringing hope and practical support to millions of people every year through our parenting, literacy and community development programmes and as part of the volunteer base of local churches.

At a central level we have, through the years,

campaigned at local, national and international levels to bring about real change for family life, women's and girls' rights and the protection of children.

At the heart of what we do is prayer and our members come together every day at midday to focus prayers for their communities, fellow members and for those in need. We believe that the power of prayer is transformational and supports our work around the world.

Despite our name we are an inclusive organisation and we are very proud to have a growing number of men who have joined us. As we continue to work in an ever-challenging world, why not join us in our journey and be a part of something life-changing?

## The Mary Sumner Prayer

Perfect for all seasons and situations:

*All this day, O Lord, let me touch as many lives as possible for thee; and every life I touch, do thou by thy spirit quicken, whether through the word I speak, the prayer I breathe, or the life I live. Amen.*



**Mother's Union**  
**Listens, Observes and Acts**

I expect all those of you who usually order diaries and calendars etc. have been contacted by Enid but if you haven't and would like to order anything, please contact Enid on 01452 619397 or email [enidlovell@gmail.com](mailto:enidlovell@gmail.com) ASAP.

Any further notices will be on the Pew sheet  
(see St. George's website)

Through all life's many problems,  
when worries tend to flare,  
In every anxious moment  
God keep you in his care.

In all your dearest dreams,  
And all the joys you share,  
In every care-free moment  
God keep you in his care.

Throughout each passing day,  
each minute, everywhere,  
In every busiest moment  
God keep you in his care.  
Amen.

Keep safe, Keep well.  
Many blessings, Rona.

**A notice seen outside a second-hand shop:**

**We exchange anything – bicycles, washing machines, etc. Why not bring your wife along and get a wonderful bargain?**

## Biblical Cities Chapter 13

### Ephesus

Dear Readers, those of you who follow my articles on Biblical Cities will recall my summaries of Athens and Corinth and the Apostle Paul's journey to each, so it seems logical to continue his journey from Corinth to Ephesus. In Acts Chapter 19 we learn that while Apollos was at Corinth, Paul took the road through the interior and arrived at Ephesus. It was here that Paul fulfilled his promise to return to Ephesus. Like Corinth, it presented a promising field for his missionary effort. The Jews, now widely dispersed in all civilized lands, were generally expecting the advent of the Messiah.

If one studies the ancient map of Corinth/Ephesus it is not an easy journey. The distance from Corinth to Ephesus would be covered in eight days. We learn in 2 Corinthians 11 verse 26 that Paul was fearful of travelling by sea because of piracy and bandits. There were no passenger ships as such. Passengers sailed on cargo ships as space was available. The ships left when the winds and omens were favourable. The expense for passage was not high. Paul would have walked three miles per hour for about seven hours a day—or about 20 miles per day without the luxury of today's footwear and hiking gear. We

don't know if he had assisted travel i.e. a four-legged friend or a Roman carriage.

So, what do we know about Ephesus? It is located near the western shores of modern-day Turkey, where the Aegean Sea meets the former estuary of the River Kaystros, about 80 kilometres south of Izmir, Turkey. This ancient Greek city was famous for its Temple of Artemis which was recognized as one of the Seven Wonders of the Ancient World. Ephesus was an ancient port city whose well-preserved ruins are in modern-day Turkey. The city was once considered the most important Greek city and the most important trading centre in the Mediterranean region. Throughout history, Ephesus survived multiple attacks and changed hands many times between conquerors. From Paul's missionary base in Ephesus, fellow workers carried the Good News of Jesus throughout the Roman province of Asia (see Acts 19:10). Epaphras, for example, established new churches at Colossae, Laodicea and Hierapolis (see Colossians 1:7 & 4:12-13). A city in Turkey that you may not have heard of is Selcuk and is one of the most visited tourist attractions. It is known for its closeness to Ephesus. The 6th century Basilica of St. John the Apostle, which, some claim, is

built on the site of the Apostle's tomb, is also inside the town.

The basilica was a most sacred and honored place in Ephesus but sadly was severely damaged in the invasion in 1090.

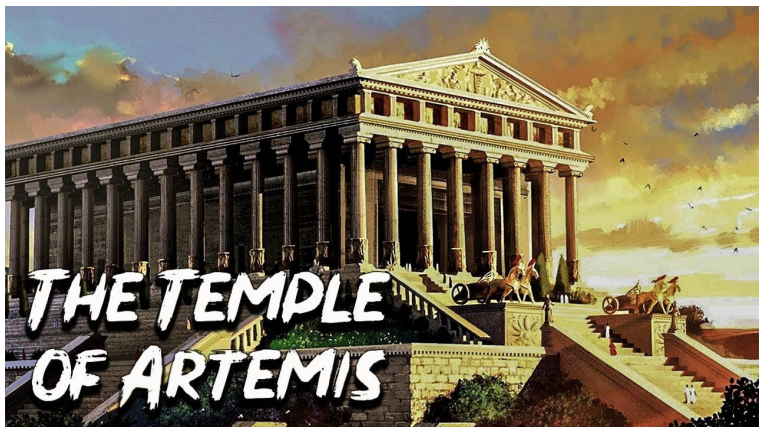
Visitors who venture beyond the shops and car park at the upper entrance to Roman Ephesus will find the remains of a small Byzantine chapel believed to have been built over the Tomb of

St Luke. For added interest Paul's tomb is in Rome and St Peter's in the Vatican City. So, Dear Readers, that is a very short summary of Ephesus and I will follow with Philippi.

Allan Delves



The remains of the ancient library in Ephesus.



## Play bags for children in need

Cathy Pascoe, Children and Families support manager at Kingsholm Primary School in Gloucester.

he Diocese of Gloucester have teamed up with Play Gloucestershire to support their Bags of Play project.

Local children's charity, Play Gloucestershire, have distributed 1,500 Bags of Play to children in need across the county, as part of their emergency response to the Coronavirus crisis. Play Rangers and volunteers have filled the bags with soft foam balls, skipping ropes, balloons, chalks, paints, scrap and more to offer some playful respite to the children most in need across the County



A list of playful suggestions from the Play Rangers – who are normally out and about in parks and open spaces across the county – is also included, further helping the children to be creative and active. The Diocese of Gloucester have purchased 250 of these bags and distributed them to the most vulnerable children through our school network.

Bishop Rachel said, “I am so pleased we have been able to support and get involved with this project as play is so important for children’s mental health and wellbeing. We hope that the children who receive these play bags will have some great fun, getting creative with all the art and crafts materials to choose from.”

Play Gloucestershire’s Director of Play, Pip Levett said. “Children always need to play, but especially now. Play is so therapeutic in times of crisis and we hope that our ‘Bags of Play’ bring some joy and happiness to families in Gloucestershire”.



# Bran Fruit Loaf,

from Jenny Farmer

## Ingredients:

4oz / 100 g All-Bran  
4oz / 100 g caster sugar  
10oz /275g mixed dried fruit  
1/2 pint /300ml skimmed milk  
4oz /100g self-raising flour

## Method:

Put All-Bran, sugar & dried fruit into a bowl & mix it well together. Stir in the milk & leave to stand for half an hour.

Sieve in the flour & mix well.

Pour mixture into a well-greased 2lb /900g loaf tin.

Bake in moderate oven. 180 degrees C, 350 degrees F, Gas Mark 4 for about an hour.

Turn out immediately & allow to cool

Cut into slices & if liked, spread with butter.

8 servings, 240 calories per slice,  
4g, of fibre, 0.6g. of fat

So, this is a fairly healthy cake.  
Enjoy!

Jenny's daughter Kirstie has made this cake using 30 g of sweetener instead of sugar, so it would be good for anyone on a Slimmer's World diet.



1

**Did you know that you could help raise money for St George's Church by just a few clicks on your computer or phone? Yes, it's that easy!**

5

## ON A SMARTPHONE OR TABLET

- Download the **easyfundraising** app
- Once it's downloaded, go into the app and click on 'Sign Up'
- In 'search for a good cause', enter 'St George's Church—Brockworth' and click on 'search'
- Click on the photo of our church
- Click on 'sign up with email'
- Enter your name, email address and a password of your choosing and click on 'create my account'
- **YOU'VE REGISTERED!!** Well done!

Now, whenever you shop online, all you need to do is :

- Log in to the **easyfundraising** app
- In 'search' enter the name of the retailer you wish to buy from and click on 'search'
- Click on the name of the retailer
- Click on 'shop now'
- This will take you to the retailer's website and you shop as normal

**SIMPLE!**

6

## ON A COMPUTER

- Go to **easyfundraising.org.uk**
- In 'search for a good cause', enter 'St George's Church—Brockworth' and click on 'search'
- Click on 'support this cause' next to the photo of our church
- Click on 'continue with email'
- Enter your name, email address and a password of your choosing and click on 'create my account'
- Click on 'no thanks'
- **YOU'VE REGISTERED!!** Well done!

Don't forget to make a note of your password!

Now, whenever you shop online, all you need to do is :

- Go to **easyfundraising.org.uk** and log in
- In 'search for a retailer' enter the name of the retailer you wish to buy from and click on 'search'
- Click on the name of the retailer
- Click on 'shop now'
- This will take you to the retailer's website and you shop as normal

**JUST AS SIMPLE!**

2

## easyfundraising.org.uk

is a charity cashback website allowing you to raise money as you shop online. Every time you buy something online from most retailers, a small percentage is donated to us.

3

It costs absolutely **NOTHING** to do. All you have to do is

register with your email and then whenever you shop online, you log into your

**easyfundraising** account first and then shop as normal. How easy is that?

4

I'm now going to tell you how to do it and if you need any help contact the Church Office on 01452 550554 and leave a message or email: [churchoffice@st-george-brockworth.org.uk](mailto:churchoffice@st-george-brockworth.org.uk) and I will phone you back when it's convenient and talk you through it. So here goes.....

7

**Thank you so much for taking the time to help us. We really do appreciate it.**

*St George's Church*

## My favourite hymn, by Sheila Watts

In a recent issue of our Parish magazine, Liz Ashenden mentioned a hymn which was a favourite of hers. This set me thinking that many of us have a favourite hymn.

Mine is “Through all the changing scenes of life”. This is because, although my father was a Scottish Presbyterian and my mother, C of E, this particular hymn was familiar to both of them.

When my sister died it was played at her funeral and I’ve asked for it to be played at the time of my funeral, hoping that more than five people will be able to be present!

When members of my family - good people but not regular churchgoers – have asked me for a suitable hymn to be played at a family funeral, this is the one I have suggested.

I remember being at the funeral of an aunt of mine where this hymn was sung, and I heard the organist say, “Makes a change”, and I suppose it did!

### Through all the changing scenes of life

Through all the changing scenes of life,  
in trouble and in joy,  
the praises of my God shall still  
my heart and tongue employ.

O magnify the Lord with me,  
with me exalt His Name;  
when in distress to him I called,  
He to my rescue came.

The hosts of God encamp around  
the dwellings of the just;  
deliverance He affords to all  
who on His succour trust.

O make but trial of His love;  
experience will decide  
how blest are they, and only they  
who in His truth confide.

Fear Him, ye saints, and  
you will then  
have nothing else to fear;  
make you His service your  
delight;  
your wants shall be His  
care.

For God preserves the  
souls of those  
who on His truth depend;  
to them and their posterity  
His blessing shall descend.

## Getting older

The older we get,  
the fewer things  
seem worth waiting in line for.

~~~~~

Some people try to turn back their odometers.  
Not me!

I want people to know **why**  
I look this way.  
I've travelled a long way  
and some of the roads weren't paved.

~~~~~

When you are dissatisfied  
and would like to go back to youth,  
think of Algebra.

~~~~~

One of the many things  
no one tells you about aging  
is that it is such a nice change  
from being young.

~~~~~

Ah, being young is beautiful,  
but being old is comfortable.





## Parish notes July 2020

I hope this finds you all well and in good spirits.

**Important news!** Richard Eve, our webmaster, has been working hard updating our St. George's Church website and some email addresses. If you haven't looked at our website recently, I'd encourage you to check it regularly as an important source of news about Church life.

It has a new address: [www.stgeorgebrockworth.uk](http://www.stgeorgebrockworth.uk)

Similarly, some important email addresses have changed:

Mike's is now [mike.smith@stgeorgebrockworth.uk](mailto:mike.smith@stgeorgebrockworth.uk)

Karen in the church office can be reached on

[churchoffice@stgeorgebrockworth.uk](mailto:churchoffice@stgeorgebrockworth.uk)

Our safeguarding officer, Rita, can be contacted on

[safeguarding@stgeorgebrockworth.uk](mailto:safeguarding@stgeorgebrockworth.uk)

Please update your contact lists with these new addresses.

Church opening and worship possibilities are changing as we get advice from government and diocese, so please check the website or keep in touch with Mike and the Churchwardens for the latest news.

Take care of yourselves,  
Pat Hartwell

## From the Registers— May 2020

### **Baptisms**

No baptisms during May

### **Weddings**

No weddings during May

### **Funerals**

No funerals during May

**Please also remember all who are sick or bereaved and who need our prayers:** *Heavenly Father, giver of life and health; comfort and restore those who are sick and bereaved, that they may be strengthened in their weakness and have confidence in your unfailing love; through Jesus Christ our Lord. Amen*

# **100 Club**

## **June 2020**

### **WINNERS**

1st — Sue Boulton (78)  
2nd — Enid Lovell (56)  
3rd — Ann Dunn (4)

### **Contributions please!**

This is *your* magazine. We need your interesting stories, facts, jokes, poems, quotes, recipes, brain teasers, photos, notices or anything else that others would enjoy reading.

All contributions will be gratefully received by the church office or, preferably, please email:

stgeorgesbrockworthmag@gmail.com

**The DEADLINE  
for the August issue  
is 15th July**

**Thank you!**

### **Help Guide Dogs for the Blind**

Please save your plastic milk bottle tops (they can be any colour, but **only milk bottle tops**)

and pass them to Jenny Farmer or into the Church office to help raise money for Guide Dogs for the Blind

Thank you!



## MY FAVOURITE POEMS:

### Better Days Will Come

This poem by Lisa Marks is about holding on for better days and waiting for the bad times to pass. She wrote this beautiful but somewhat poignant poem in March this year when she was feeling very down with the virus and lockdown, the adverse weather and the suicide death of her friend BBC presenter and Journalist Caroline Flack. This poem is just trying to say please don't think things will always be this bad. Please don't give up. You are not alone. It is a plea to anyone who might ever feel like there is nothing is ever going to get better. The last verses in italics are particularly touching.

Finally, dear Readers just think of these comforting words that the Lord gave to Jeremiah regarding the re-building of Babylon..

From Chapter 29 verse 11 I quote:

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future”

## Just wait for the sun

*When everything's darkness*

*And you feel so alone,*

*When the rain doesn't stop*

*And you can't make it home,*

*When it feels all is lost*

*And you just want to run,*

*It can't rain forever.*

*Just wait for the sun.*

**When family is pain,  
When friends can't be found,  
When you just want to scream  
But you can't find the sound,  
When it's all your fault,  
And you feel like you're done,  
Just wait for the sun.  
The sunshine will come.**

***The storm always passes.  
It won't last forever.  
The rain always stops and gives way to good weather.  
The brightest and warmest of days still to come.  
Please wait for the sun.  
The sunshine will come.***

***People who need you,  
People who still love you  
Can warm up your soul like the sunshine above you.  
You're never alone,  
No matter what's done.  
Wait for the sun.  
Just wait for the sun.***

***Dark clouds always pass.  
I promise you, hun.  
We're all waiting with you.  
Just wait for the sun.***



Allan Delves



# Answers to Hymn Quiz

- |   |   |
|---|---|
| 1 Dear Lord and Father of Mankind             | 17. Glorious things of Thee are spoken                    |
| 2 All people that on earth do dwell           | 18. For all the saints who from their labours rest        |
| 3 Holy Holy Holy Lord God Almighty            | 19. Breathe on me breath of God                           |
| 4 Jesus lover of my soul                      | 20. Eternal Father strong to save                         |
| 5 Ye choirs of new Jerusalem                  | 21. To God be the Glory, great things He has done         |
| 6 Thy hand O God has guided                   | 22. O for a thousand tongues to sing                      |
| 7 Praise to the Holiest in the height         | 23. I heard the voice of Jesus say                        |
| 8 Lo he comes with clouds descending          | 24. Saviour again to thy dear name we raise               |
| 9 My song is love unknown                     | 25. Who would true valour see                             |
| 10 We plough the fields and scatter           | 26. Let us with a gladsome mind                           |
| 11 Summer suns are glowing over land and sea  | 27. Onward Christian soldiers marching as to war.         |
| 12 Love enthroned in heavenly splendour       | 28. Abide with me, fast falls the even-tide               |
| 13 Rock of ages cleft for me                  | 29. Guide me O though Great Jehovah                       |
| 14 When I survey the Wondrous Cross           | 30. Alleluia Alleluia hearts to heaven and voices raised. |
| 15 Love divine all loves excelling            |   |
| 16. Be still my soul, the Lord is on thy side |   |

*Thanks to Lizbeth and Derek Harbottle and family*



## **July 2020**

### **Daily Bible Readings:**

Wednesday 1st July  
Thursday 2nd July  
Friday 3rd July  
Saturday 4th July

Amos 5:14-15,21-24; Matthew 8:28-end  
Amos 7:10-end; Matthew 9:1-8  
Ephesians 2:19-end; John 20:24-29  
Amos 9:11-end; Matthew 9:14-17

Monday 6th July  
Tuesday 7th July  
Wednesday 8th July  
Thursday 9th July  
Friday 10th July  
Saturday 11th July

Hosea 2:14-16,19-20; Matthew 9:18-26  
Hosea 8:4-7,11-13; Matthew 9:32-end  
Hosea 10:1-3,7-8,12; Matthew 10:1-7  
Hosea 11:3-4,8-9; Matthew 10:7-15  
Hosea 14:2-end; Matthew 10:16-23  
Isaiah 6:1-8; Matthew 10:24-33

Monday 13th July  
Tuesday 14th July  
Wednesday 15th July  
Thursday 16th July  
Friday 17th July  
Saturday 18th July

Isaiah 1:11-17; Matthew 10:34-11:1  
Isaiah 7:1-9; Matthew 11:20-24  
Isaiah 10:5-7,13-16; Matthew 11:25-27  
Isaiah 26:7-9,16-19; Matthew 11:28-end  
Isaiah 38:1-6,21-22; Matthew 12:1-8  
Micah 2:1-5; Matthew 12:14-21

Monday 20th July  
Tuesday 21st July  
Wednesday 22nd July  
Thursday 23rd July  
Friday 24th July  
Saturday 25th July

Micah 6:1-4,6-8; Matthew 12:38-42  
Micah 7:14-15,18-20; Matthew 12:46-end  
Jeremiah 1:1,4-10; Matthew 13:1-9  
Jeremiah 2:1-3,7-8,12-13; Matthew 13:10-17  
Jeremiah 3:14-17; Matthew 13:18-23  
Jeremiah 7:1-11; Matthew 13:24-30

Monday 27th July  
Tuesday 28th July  
Wednesday 29th July  
Thursday 30th July  
Friday 31st July

Jeremiah 13:1-11; Matthew 13:31-35  
Jeremiah 14:17-end; Matthew 13:36-43  
Jeremiah 15:10,16-end; Matthew 13:44-46  
Jeremiah 18:1-6; Matthew 13:47-53  
Jeremiah 26:1-9; Matthew 13:54-end

## Some thoughts to ponder

I was regretting the past and fearing for the future. Suddenly the Lord was speaking. "My name is I am".

He paused, I waited, he continued, "when you live in the past with its mistakes and regrets, it is hard. I am not there. My name is not I WAS. When you live in the future with its problems and fears, it is hard. I am not there. My name is not I WILL BE. When you live in the moment it is not hard. I am here. My name is I am."

### Psalm 23 for busy people

*The Lord is my pacesetter, I shall not rush.*

*He makes me stop and rest for quiet intervals.*

*He provides me with images of stillness which restore my serenity.*

*He leads me in ways of efficiency: through calmness of mind, and His guidance is peace.*

*Even though I have a great many things to accomplish each day, I will not fret for His presence is here.*

*His timelessness, His all importance will keep me in balance.*

*He prepares refreshment and renewal in the midst of my activity, by anointing my mind with His oils of tranquillity.*

*My cup of joyous energy overflows.*

*Surely harmony and effectiveness shall be the fruits of my hours*

*For I shall walk in the peace of my Lord, and dwell in His house for ever.*



From David Sutch

# Tomorrow

Have you seen the dawn come up,  
Seen the light between trees,  
Have you given thanks to God,  
Have you been upon your knees?  
Have you seen the golden sunset,  
Have you had a busy day,  
Did you find time to be with God...,  
and just what did He say?  
Did He tell you that He loves you,  
Did He tell you that He cares  
And did you say the same to Him,  
When kneeling at your prayers?  
And if tomorrow's not too bright,  
Remember He's still there,  
To watch and guide you through the day  
So why not say a prayer.

(Norman Bailey)





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## Tesco announces £15million food donations to support food banks and local community groups. (1st April)

Today Tesco has confirmed that over the next 12 weeks it will be providing a top up food donation of £15 million of food (ambient and fresh) to FareShare and the Trussell Trust, as part of a wider £25 million package of support they have set up for local communities during the current Covid-19 outbreak. They are also donating £1 million between the two organisations.

This support comes at a critical time as the pressure the pandemic is putting on people's income builds and the possibility of an increased need for emergency food grows. The food they supply will be distributed to community groups and food banks so that it can reach people in crisis as quickly as possible, with the additional funding supporting FareShare and the Trussell Trust's continuing operations to support charities in their networks.

The Trussell Trust's CEO, Emma Revie, said:

"We are so grateful for this support from Tesco. As the pandemic develops, we're working closely with food banks to ensure people who can't afford essentials can get an emergency food parcel. But we can only provide that vital lifeline if we have food for those parcels.

"During any normal year, the next twelve weeks would see a squeeze on food bank stock levels, as donations often dip with the approach of summer. When we add the pressure this pandemic is putting on people's incomes, and the possible increased need for emergency food, Tesco's support really couldn't come at a more critical time.

"Everyone should be able to afford their own food and we'll be continuing our work to end the need for food banks, but right now more people than ever are likely to need our network's help. That's why Tesco's support will make such a difference in communities across the UK."

The wider package of support includes additional funding for Tesco's existing Bags of Help community donation scheme; funding that stores can access to support causes in their local area; and a development of Tesco's existing partnership with the British Red Cross as they work to support people in crisis.

*While the Church office is closed, food donations should be added to supermarket collection points. Thank you.*

# Welcome back into Church!

St. George's Church is starting to re-open.



## **Date; for your diary July/August 2020**

St George's Church will be OPEN for supervised private prayer

**SUNDAYS and WEDNESDAYS**  
**3.00pm—4.00pm**

Please keep checking our  
**website: [www.stgeorgebrockworth.uk](http://www.stgeorgebrockworth.uk)**  
and our

**Facebook page: St George's Church Brockworth**  
during July and August for additional diary events  
**We look forward to seeing you soon!**